Difficult to diagnose, impossible to "cure," Chronic Fatigue Syndrome (CFS) appears to be a modern medical nightmare-come-true for a growing number of victims. A disorder known by names ranging from "Raggedy Ann Syndrome" to Chronic Epstein-Barr Virus disease, CFS strikes with the following devastating symptoms:

- Extreme weakness and exhaustion
- Persistent apathy and depression
- Memory loss
- Impaired concentration
- Recurrent achiness, low-grade fever, swollen glands
- Exaggerated allergic reactions
- Hypoglycemia
- Aggravation of preexisting conditions
- Susceptibility to secondary illness

**Book Information**

Paperback: 384 pages
Publisher: Harper Perennial; 2 Revised edition (April 22, 1992)
Language: English
ISBN-10: 0060922605
Product Dimensions: 5.3 x 0.9 x 8 inches
Shipping Weight: 9.6 ounces
Average Customer Review: 4.1 out of 5 stars
Best Sellers Rank: #663,446 in Books (See Top 100 in Books) #166 in Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Fatigue Syndrome & Fibromyalgia #3136 in Books > Health, Fitness & Dieting > Women’s Health #25235 in Books > Parenting & Relationships

**Customer Reviews**

Chronic Fatigue Syndrome, the Hidden Epidemic is an amazing book. Initially, it can be difficult to get through the first two chapters, but a real gem of a book with anyone dealing with Chronic Fatigue Syndrome, Epstein Barr Virus, Cytomeglovirus, HHV-6, Fibromyalgia and Environmental Toxins. We have been using the advice from Dr. Jesse Stoff for years at the Institute of Anti-Aging and Longevity in Carson City, Nevada because we believe that Dr. Stoff is correct in the belief that the body can heal itself through it's own immune system when dealing with the five issues that weaken the immune system called the P.I.T.T.S. which stands for Poor Nutrition, Infection, Toxins, Trauma and Stress. We have been applying the protocols from Dr. Stoff with excellent results. This book is a godsend from Dr. Stoff. It really goes into detail of the hows and why's of Chronic Fatigue Syndrome and how to put it into remission with your own immune system. Dr. Stoff give excellent
protocols to help the patient and the book gives 80 per cent of his treatments, but if you combine this book with his lastest one called The Prostate Miracle on cancer you have an excellent outline of what to do to improve you health, your immune system and putting the disease into remission. We have been using his research for years and find that the key to helping the patient the most is dealing with the stress and the new nutrient AiE10 in the Body Wise AG Immune to "trigger" the communication pathways of the immune system; especially as a modulator since so many patients (especially women) are dealing with auto-immune difficulties such as Lupus, Multiple Sclerosis, Rheumatoid Arthritis, Candida, Fibromyalgia and other combinations of viruses and bacteria. If anyone would like receive the advanced protocols of Dr.

Download to continue reading...

No 3) As my body attacks itself: My journey with autoimmune disease, chronic pain & fatigue
The New Bible Cure for Chronic Fatigue and Fibromyalgia: Ancient Truths, Natural Remedies, and the
Latest Findings for Your Health Today (New Bible Cure (Siloam))
A Meditation to Help With Fibromyalgia & Chronic Fatigue (Heath Journeys Guided Imagery CD)

Dmca