The New Bible Cure For Chronic Fatigue And Fibromyalgia: Ancient Truths, Natural Remedies, And The Latest Findings For Your Health Today (New Bible Cure (Siloam))
Synopsis

Are you feeling drained and depleted for no apparent reason? It is time to win the battle against chronic fatigue and fibromyalgia once and for all! Incorporating the latest medical findings with the timeless wisdom of the Bible, The New Bible Cure for Chronic Fatigue and Fibromyalgia contains information that your own doctor never may have told you, including:

- Steps that take you from feeling burned out to fired up
- Foods that harm and foods and supplements that restore energy and health
- Exercises that help relieve pain
- The emotional and spiritual roots of these debilitating disorders

You want to be healthy. God wants you to be healthy. Now this revised and expanded edition from the Bible Cure series is available to help you get healthy body, mind, and spirit.

Book Information

Series: New Bible Cure (Siloam)
Paperback: 128 pages
Publisher: Siloam; Revised, Expanded ed. edition (July 5, 2011)
Language: English
ISBN-10: 1599798670
Product Dimensions: 5 x 0.3 x 7 inches
Shipping Weight: 5.6 ounces (View shipping rates and policies)
Average Customer Review: 4.5 out of 5 stars
See all reviews (17 customer reviews)
Best Sellers Rank: #407,559 in Books (See Top 100 in Books) #103 in Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Fatigue Syndrome & Fibromyalgia #2024 in Books > Health, Fitness & Dieting > Women's Health #22505 in Books > Christian Books & Bibles > Christian Living

Customer Reviews

I carry this book around with me for reference on foods and supplements suggested for managing Fibromyalgia. May not work for everyone. After discussing with my doctor, I adopted some of the suggestions in this book and have had some improvement. Bought the Bible Cure for Diabetes for my cousin. Worth a read. If you have Fibromyalgia what have you got to lose?

Everytime you thought the book was going to give you some actual advice it would instead say "I recommend you read ------ also written by me" it was the most frustrating waste of time reading that
I suffer from both CFS & Fibromyalgia and wanted a biblical based book on how to treat my body and spirit. Reason for for four stars is I'm on a fixed budget after losing my job of many years to CFS & Fibromyalgia and can't afford to order alot of these supplements, but I will pray The Lord will provide!

This book is okay but he's continuously leaving stuff out and trying to get you to by his other books.

Nothing really new that I had not already found researching for my wife who has both rather severely.

Simple, streamlined, easy-to-understand info about how these conditions start and how to address them in a natural and prayerful way.

Great book with great insight... If you suffer with fibromyalgia you will keep this book handy. It encourages and is a good reference to keep on hand.

I love it. Dr. Don Colbert always writes excellent books with a wealth of information. I would recommend this book to anyone going through chronic fatigue and fibromyalgia.

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