Sensitive Solutions Educational Diary
For Girls Starting Menstruation

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An educational, doctor designed, beautifully crafted, lock and key diary for girls starting menstruation and/or entering puberty. The diary’s educational contents include: vocabulary of feelings, basic menstruation and puberty education, PMS and menstrual cramps relief tips, tampon safety rules and menstrual record calendar. It also has blank pages to record journal entries.

**Book Information**

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Average Customer Review: 4.0 out of 5 stars See all reviews (1 customer review)
Best Sellers Rank: #15,386,271 in Books (See Top 100 in Books) #84 in Books > Health, Fitness & Dieting > Women's Health > Menstruation

**Customer Reviews**

I purchased this diary for my young daughter and she is really enjoying it! This diary has very useful information with an attractive interior for her to do her own writing. Author of "Tilly’s Birthday: A Young Girl's Introduction to Menstruation"

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