What To Do When The Doctor Says It's Endometriosis: Everything You Need To Know To Stop The Pain And Heal Your Fertility
Endometriosis can disrupt women’s lives. It is responsible for chronic, sometimes crippling pain, hundreds of thousands of missed work hours, and in its most extreme cases, infertility. There is hope! Thomas L. Lyons, M.D., whose philosophy is to “treat the patient, not the disease,” has developed leading edge surgical techniques to address endometriosis. Dr. Lyons demystifies this puzzling disease, covering issues from fertility to dietary concerns, alternative treatments to surgical options but the main focus is on the key issue of pain management for this potentially debilitating disease.

Book Information

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Customer Reviews

Dr. Lyons performed surgery at The Center for Endometriosis Care in Atlanta, GA: a clinic that is on the cutting edge of all the most recent research and technology. He actually invented a surgical technique that is named after him and performed by the surgeons at that clinic. This book is EXCELLENT in that it answers a bevy of questions you have in VERY simple and easy to understand language. I travelled from WV to Atlanta to have my surgery there based on the research/technique that Dr. Lyons did. My surgery was performed by Dr. Ken Sinervo using Dr. Lyons technique and I would HIGHLY recommend that clinic. If you are a sufferer of endometriosis, you NEED this book in your library. It helps to answer most of your questions in terms that are easy to understand and not full of medical jargon that you would have to look up. I recommend buying
this book along with Mary Lou Ballweg's. It rounds out a good bevy of info that you will need to deal with and treat your endometriosis.

In speaking with Dr. Lyons, this book was written with an approach as if he was speaking to you in his office and I think he achieved this WELL. Many of the other endo books are a great resource...but more of a reference style approach. This one is a great reference but also a good cover to cover read. It is informative and left me with no questions. Along with the previous review, I also traveled halfway across the USA to be in the care of Dr. Lyons. I had excision of endometriosis performed by himself and could not have asked for a better experience. His passion for what he does is inevitable in both this book as well as his care. I agree it is a NICE tool that an endometriosis specialist wrote this book for a physician standpoint. Incredible book, incredible man. Best wishes to you...

Excellent resource for women and girls!! Detailed and easy to understand. Dr. Lyons is truly the expert on Endometriosis.

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