Synopsis

In her most provocative book yet, Dr. Laura urgently reminds women that to take proper care of their husbands is to ensure themselves the happiness and satisfaction they yearn for in marriage. Women want to be in love, get married, and live happily ever after. Yet disrespect for men and disregard for the value, feelings, and needs of husbands has fast become the standard for male-female relations in America. Those two attitudes clash in unfortunate ways to create struggle and strife in what could be a beautiful relationship. Countless women call Dr. Laura, unhappy in their marriages and seemingly at a loss to understand the incredible power they have over their men to create the kind of home life they yearn for. Now, in The Proper Care and Feeding of Husbands, Dr. Laura shows you “with real-life examples and real-life solutions” how to wield that power to attain all the sexual pleasure, intimacy, love, joy, and peace you want in your life. Dr. Laura’s simple principles have changed the lives of millions. Now they can change yours.

Book Information

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Customer Reviews

First, let me say that I am a very independent, very headstrong, liberal wife who has a higher education than her husband (masters’ degree), owns a business and takes no B.S. from anyone. When this book came out, I truly thought it was a joke. WHO WOULD WRITE A BOOK LIKE THIS OUTSIDE OF THE 1950s?! And WHERE IS THE “PROPER CARE... OF WIVES”?! To add ‘insult’, a coworker of my husband (whose wife stays at home with their 4 kids because they feel that this is THE role wives are SUPPOSED TO take on), is the one who offered to lend it to me. I thought, “this will be interesting” but can’t criticize until giving it a shot, right?? Ok - there’s the background -
here's the review: I couldn't put the book down and read it in a just over a day. While I don't agree 100% with all that Dr. Laura says, and as another reviewer commented that there are parts that men may find insulting, this book has changed my life, and as a result it has changed my husband's life - both for the better. After 7 years of marriage, we are clicking like we never have before. I can't explain it to you, or to my married best friends whose jaws dropped as I confessed to them over margaritas that I NOT ONLY READ the book but I LOVED the book. All I can say is that the foundation makes sense. It doesn't bash working women - Dr. Laura is one, after all. But it does point out, not so discreetly, that your family - the family you have chosen to create - should come above all else. And that the EXTREMISM of some aspects of the feminist movement is self-destructive to women, men and society as a whole. And as I turned each page and as I tried to rebel against some parts (I shouldn't BURDEN him with the tales of MY day??!) Dr Laura's book is sure to be controversial but for wives who are willing to do whatever it takes to make their marriages work, this book has the answers. Dr Laura tells it as it is as she explains a wife holds the keys to making her husband happy and her marriage successful if she will honor and respect her husband and give him attention and affection. My husband gave me this book last week because he knew I had started reading books on how to be a better wife and I was already a fan of Dr Laura's books. I imagine that if a wife was a feminist or not ready to make sacrifices for her husband then giving her this book would not help. I recently gave up my business to concentrate on my family and was primed for what this book had to teach. Men who read this will likely get their feelings validated. Some might possibly be insulted though by Dr Laura's assertion, "Men are borne of women and spend the rest of their lives yearning for a woman's acceptance and approval...men admittedly are putty in the hands of a woman they love. Give him direct communication, respect, appreciation, food and good lovin', and he'll do just about anything you wish...You basic male is a decent creature with simple desires: to be his wife’s hero, to be his wife’s dream lover, to be the protector and provider for his family, to be respected, admired and appreciated. Men live to make their women happy. Though Dr Laura is Jewish, “The Proper Care and Feeding of Husbands” makes many the same points as conservative Christian marriage books such as "Liberated Through Submission", "Finding the Hero in Your Husband", "Joy of a Promise Kept", "His Needs, Her Needs" and the secular book "The Surrendered Wife".

Even though I do not always agree with Dr. Laura, I enjoy listening to her. Mostly, it’s because she has very strong beliefs and she stands firmly by them. Too often in our society people are
wishy-washy out of desire to be "popular" and inoffensive. I admire her for her strength to stand for what she believes in or take an unpopular point of view. She’s an inspiration for all of us to stand by our principles and, above all, to always be honest with ourselves and others. "The Proper Care & Feeding of Husbands" is the first and only book by Dr. Laura that I have read. Overall, it is very much like her radio program, except that it is focused solely on what we as women can do to improve and maintain our marriage. Her style is conversational, no-nonsense, and down-to-earth. The advice that she dispenses is common-sense, practical, and time-tested. A large number of actual phone calls and letters make up the bulk of the book, as illustrations for the points that she makes. The message of the book is that women have real power in marriage, since men, at their core, yearn for acceptance, approval, and appreciation ("the three A's"). Women, therefore, have the power to either make their husbands absolutely happy by giving them these three A’s (which in turn makes men more willing to go the extra mile for their wives) or miserable by withholding them (which results in resentment and can ultimately lead to divorce). In this book, Dr. Laura exposes the problem in our society where women have a real need for control in their relationships, which manifests in them withholding affection, needlessly criticizing and otherwise alienating their husbands. I can personally testify to the validity of advice that she gives.

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